



# Goal-Getter Jumpstart Kit

by Alyssa Avant

# Goal Setting Video Series that will help you jumpstart your goals!

Find all the Videos on my Youtube -->>>



**VIDEO #1 - December 3, 2018**

**What Will Help You Set and Achieve Your Goals**

Recommended Resources to help you set and achieve your goals?

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2 Other Important Pieces to help you set and achieve your goals?

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**CLICK HERE TO FIND LINKS TO MY FAVORITE RESOURCES**

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## VIDEO #2 - December 10, 2018 What Types of Goals Should You Set?

3 Types of Goals to Set

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2 Other Important Pieces to help you set and achieve your goals?

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## VIDEO #3 - December 17, 2018 Why You Shouldn't Set Yearly Goals 3 Reasons You Shouldn't Set Yearly Goals

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What Types of Goals You Should Set Instead

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**VIDEO #4- December 23, 2018**  
**How You Should Track Your Goals**  
3 Ways to Track Your Goals

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# JOIN ME SATURDAY, DEC. 30 for the Goal Getters Workshop

**A 60-90 Minute Workshop that  
will be recorded so  
you can watch ANYTIME!**



It's that time of year, we are on the brink of a new year, a clean slate, and therefore it is the time of year when we all begin to think forward to look towards the future and to hopefully set some goals.

One of my favorite quotes is, "a dream without a goal is just a wish." Don't just wish for GOOD things to happen for you and to you in 2019. Set a GOAL so that you are able to make your dreams come true!

If this sounds good to you then you want to attend my upcoming Goal-Getter Workshop. This workshop is for goal-setters, and for those who wish they were goal-setters. It will encourage and inspire you to make your dreams come true, as well as give you the tools, support, and accountability to make them happen.

Join me on Saturday, December 29, 2018, to spend 60-90 minutes together setting goals!

**SIGN UP FOR THE WORKSHOP HERE**